1.1.39
a Lesson in the University of The New Covenant
Theodore Cottingham, June 19, 2003
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1. Peace, peace must come to My people—peace in their souls, rest, rest, Ted, Sabbath rest, where they come to Me and rest—rest from their busyness and from the voices and the mechanical devices which speak for others. Rest, rest, rest. My body must learn how to rest. Many need to learn how to work. Many need to learn many things, but today, I'm addressing rest.

2. Rest is something you do, but it's more than that. Ted, it's something you enter into. It's deliberate. It's intentional. It's satisfying and rejuvenating and Ted, you need it more. My body needs it more.

3. So many try to rest with voices blaring at them with values and music and images not of Me. How can one rest in that? They can't Ted. It's false. It's a false rest that placates momentarily but yields fractionated particles of rest. For rest that is not. It's entertainment, it's diversion, it's sitting and it's different, but it is not the rest which rejuvenates and reinvigorates the soul and spirit of My creation.

4. You've thought much about the Sabbath and how it was that it made the 'big ten' as you have called them. Ted, truth, truth is foundational to Me, to the 'big ten,' smile, and to all I do, as is rest—Sabbath rest.

5. Man has tried to define it for years in their rulemaking and legislation, but Ted, it's so simple, it's so simple. Ted, it is so simple, not complex and complicated. I designed My creation to rest one day a week.

6. So full most have made it that they must rest from their rest day. What a joke. What a mockery. Ted, rest in Me. What Amy is doing is of Me, taking a few days of rest and seeking Me in that rest. I am speaking and I speak to the hearer that is listening for My voice. I seldom shout and commandeer. I come in tenderness and I speak My tenderness in loving ways to those who come and sit at My feet. I will give all of Me to all who want Me. And I will give them all of Me they want and are willing to pay the price, in terms of time and surrender, and glorified will they be.

7. Rest, rest in Me, a Sabbath rest where one is entering into deliberate honor of Me and allowing Me to speak and touch and be tender with. I don't try to out shout the other voices that people welcome and go to great lengths to get into their homes, their ears, their eyes. I wait. I wait. I wait patiently for them to recognize My still small voice that I speak so often in times of silence, tenderness and love.

8. So often, so often, I speak but I'm recognized not, for they think Me not speaking, and open to My voice they aren't, and so used to certain other voices that control them and program they are—they run over My still small voice of love with massive actions which crush My words and render them useless. All the while, I am there. I am with

them. They can't see Me for they don't try to see Me. Those that want to see can see Me clearly, so clearly, in the affairs of life.

9. Tender I am. Patient I am. But patient will I not be always. But I come. I wait and I tenderly speak and connect people in relationships and have them in certain places at certain times to rendezvous with Me and truth, and truth that will help them see Me, choose Me, evaluate Me, investigate Me, and look into My Word and see what I've said and talk with My people and see what I offer. I wait. I wait. I woo. I beg. I plead. I wait.

10. Ted, tell the busy to rest. Tell those that only rest to act, but I'll address them later. Today Ted, today, tell My people to enter into My rest. Those, so many, almost all, are consumed with their focus on achievement and success as defined by them and not Me.

11. Tell them I want to speak to them in solitude, in silence, where they can hear Me. Radical this is for some, for silence is fought hard by the kingdom of darkness. Voices, voices, voices everywhere, commands, demands, suggestions, influences coming at all from all directions.

12. Ted, rest in Me. Tell them to take time to rest in Me and let Me water over them My words to cleanse and heal, and pour the oil of My healing and gladness over, into, them, to heal and bring new life. Ted, rest. Intentional deliberate focused rest where rest in Me is the goal, the object, the purpose, the intent, and Ted, the results will be magnanimous, magnanimous, Ted, splendid splendor.

13. I give so much for so little. I give so freely for the slightest movement and hunger toward Me. I yield great returns for My children who choose to open their eyes to Me and My kingdom.

14. Ted, robbed, robbed, robbed are so many of true life—wandering about, lost as lost can be, aimless, having no direction, no understanding of My kingdom, even though I come and I call. They wander and aimlessly think I am nothing. I am everything. I am power. I am majesty. I am splendor. I am that I am and I am is more than you can comprehend, but Ted, you will, for you will see Me, for your heart pants after truth and relationship with Me.

15. Ted, tell them today to rest, to rest, to rest, to take time to intentionally, deliberately, purposefully rest in Me, and not with voices that rob the peace that I want to come in.

16. My peace. My peace. I want My people to know My peace—My peace that transcends all the fleshly realm and gives stability and focus to the spirit of the matured heart.

17. No one matures without peace. Peace must come for maturity to be entered into. Peace must come and Ted, I bring My peace all the time to those to whom I want to come and commune with, and they shut Me out and pre-empt Me communing with them by turning on other voices which preclude Mine.

18. Surrender submission splendor, surrender submission splendor, surrender and submission yield splendor.

19. Rest of deliberateness in Me yield peace.

20. Help My people hear My voice and I will yield peace to them and more to you for reward I always do. I do in great measure. My rewards always exceed the cost exponentially, not commensurately. Commensurately is a term denoting more of the operation of your kingdom than exponential, which denotes more of the operation of My kingdom.

21. Commensurate I am until exponential I am. I am a rewarder of those who seek Me, wherever they are and in whatever circumstances they find themselves in. I wait. I call. I come. I woo. I wait even for opportunities to speak when I think they will hear Me.

22. Tell them to come and rest in Me and legislate not these things of Me, for of the heart, of the spirit, they are. The things of the spirit are not legislated. They operate of the spirit and the spirit has a choice. And the soul has a choice. That's why so much enmity between the two as confusion reigns without peace—My peace.

23. Call the spirit of man to mature and allow Me to nurture them in peace and prosperity of soul, prosperity of their spirit, prosperity of their soul, getting, bringing them into congruence with My will, My Spirit, for their design, for their good fortune, for their life, for their eternity is at stake in the actions and behavior that result from the decisions they make about Me in peace.

24. There is no maturity without peace. That is why it is fought so hard by enemy armies.

25. My peace I give to you this day. Give it to others, as you place their hands in My hands and disappoint them I will not. I will give beauty for ashes, peace for confusion, and peace shall reign and facilitate, nurture and nourishment, and Ted, relationship, intimacy with Me.

26. I've told you to write and write more and to come more often to Me. Ted, you haven't been doing this as much as I want you to. Please, please come. Please Ted. Please. I have so many that will hear you and read and be touched for generations.

27. And Ted, let this mortgage be your last. I've told you clearly now to leave all real estate, all business alone, and I am provision to you. Now do as I say and not as you want, thinking you must aid Me to do what I've said I will do.

28. I will bless those who bless you. Now go and grow and do what I have said and let Don [Hodges] finish this deal you're in and focus Ted, solely on Me and My kingdom and My children and peace, Ted, peace will be yours and increase considerably, exponentially, and My voice will increase and resources and people to help you will come and come from everywhere. Ted, everywhere, because they see, they feel, they read, they know I am with you.

29. And Ted, you never forget to treat them as tenderly as I do little children, My lambs, My lambs, My lambs. I will rebuke you sternly if you err for you have asked Me to. Now Ted, My work, My kingdom, My time. My time. My time is now and Ted, your time is now. Now loose all other obligations and receive Me from My hand in peace and confidence so that peace and confidence you can expand and explode and implant and water and nourish all I take you to. So that I can them, water, nourish and mature them Myself, My way, in My timing and My design, for them individually, alone, alone, them and Me, alone in peace in intimacy and nurture so I can then do all I want to in and with their life as they get up and go out from Me.

30. Peace is essential for those who want Me and rest is essential for those who want peace. Rest in Me and peace from Me are essential and foundational to prayer, maturity and Me doing what I want in My body.

31. Ted, tell them, compel them. Paint their faces on portraits of prayer warriors, prayer warriors, warriors, army captains, lieutenants and generals and masterful skilled craftsmen. And Ted, paint them on their knees before Me, beside Me, resting with Me, beside the still waters Ted, beside the still waters. Ted, you know whereof I speak and meanings transcendent.

32. Ted, paint and pour yourself into Me and our times together and all you do for Me and My children, My lambs, and Ted, I will not disappoint you. Ted, I will not disappoint you. Ted, My son, I will not disappoint you. Please now, go from this place today and never forget My assurance and promise to you, today, June 19, 2003, Ted, 11:20am. Ted, never forget. Never forget My assurance this day. My work, My way, My provision, My peace, My family, My words, My lambs, My peace, peace, rest, rest, assurance, confidence, faith, fulfillment, adventure, adventure, adventure, world connections, world, global relationships, generational friendships, peace, friends, fulfillment Ted. Me. Me. Me.

33. Let Me be fully Me in you. Let Me be Me Ted, in you fully. Don't constrict Me, not at all. Fully Me, letting Me do and say and write anything and everything I want to do with you, say through you, write from your pen, speak through your mouth, touching My people.

34. Ted, today, change, change, take your own advice to Christopher and lead, lead Ted, I am with you.

35. Speak, teach and train My maturing children to value rest and seek peace in Me so I can mature and accelerate My relationship with them in the intimacy I offer now, to all.

36. Your choice is right about Russia. I will provide from My purse to your trip. Go communicate, tell all you're coming and ask for help in setting up meetings and lunches and coffees and tea. Ted, go, go now. Call Eric to help you. Ask Ronnie to continue helping you. I am doing something here and I'm doing through you and with others who

will listen enough to hear My voice. Now ask them to help you. Ask Terry to help you, and help some will, and some Ted—too busy, to busy to see what I'm doing.

37. Ted, go and grow and speak My words and print them far and wide. Seek translators to put them in every language. I've told you this before. I am bringing you armies and reinforcements and provision galore, unlimited Ted, unlimited. Ted, I say it again, unlimited. Now go and focus entirely on Me and concerned not with money or time but just Me and My words and our time together. I will provide. Ted, Ted, oh Ted. I already have it all there. All there, Ted, all there. Please, hesitate not but go forth and go forth in confidence and worry not again.

38. Move, move, and move now. And I thank you.

39. DeLayne is of Me and great talent she has, great talent, great ability, great Freedom she can operate in trustedly. Ted, I have many DeLayne's and many more of every shape and size and color and gift and expertise in My kingdom and Ted, all are at your disposal Ted, to be complimented and encouraged and set free more and more and more in My design to flights of joy and soarings of peace and rest with the Most High.

40. Ted, re-orient the thinking of My people so they don't worship work and busyness and activity and allow themselves to be consumed with media and values of Me not. Take back the kingdoms of their minds for Me so I can set them free in the liberty I am. I am. I am freedom. I am liberty. I set free. I am truth and I give truth through Me, My Word, My words through you and others of Me, many others of Me. I'm speaking and raising up and Ted, networks of power, friendship, relationship, power, kindness, in intimacy with Me.

41. Be patient with those who choose not peace, rest or maturity. Move with those who will let Me move in them. And tender be with all.

42. Your boat, your boat, you enjoy your boat so much. Ted, it's okay. Enjoy your boat, enjoy the lake, enjoy the friendships and relationships I've given you and the many I am bringing.

43. Work is never to consume fully you. Ted, play, rest, and tell My people to play and rest in wisdom and favor, My favor, not the favor of the robber. Tell them to deliberately rest and seek peace and that it's okay to rest.

44. Develop your slogans and sayings to help be as jingles in people's minds to be remembered and sung forever in re-orienting their worship of work to the seeking of peace and rest and the knowledge of the Holy, the wisdom of the Ages, the understanding of the Spirit.

45. Tell them life is short and relationship is number one, first with Me and then with people. Ted, work is a gift I give to those who simply walk out their life using the gifts I give them. Tell them, tell them I want them more, so much more, to operate in the gifts I have given them, and unlock each others gifts and giftings and desires from the King of

Kings to the children of the King. Tell them I want to love them more as they come to Me more in rest and peace and let Me give them of My rest and peace, and their rest and peace will mature and yield great grapes, grapes, Ted, of provision, laughter, nourishments, fulfillment.

46. Thank you Ted for writing this and holding it back not. Tell it. Share it. Publish it and incorporate it in all you do for truth, great truth it contains.

47. Tell My lambs I love them and how I draw them to Me now. Tell them to make decisions to increase their peace, their rest that brings peace, in Me, today, and everyday, and place reminders of My rest and peace and it's essentialness for growth in My kingdom

48. I love you Ted, and bless your family this day, your seed, your future. I bless you. Keep Me close in all your thinking and I shall increase dramatically in days to come, shortly.

49. Humbly, Ted, humbly, humbly, humbly Ted, remain as you are and your values change never. Ted, tender, humble, valuing others, all, ALL the others, Ted, more than yourself. Ted humble, lifting, encouraging, launching, Ted, thank you. Humble be, transparent be, mature be, nourishing, be Me, and example forth My values, My kingdom.

50. Judged sternly will you be for that's how you have prayed. Where much is given much is required.

51. I love you deeply.

52. Let not your peace or your rest be robbed.